



16th August 2024

3.4.3: Number of extension and outreach programs conducted through organised forums including NSS/NCC with involvement of community during the last five years			
Name of the activity	Organising unit/or agencies or collaborating agencies	DATE OF THE ACTIVITY	Year of the activity
Blood donation Camp	Students Union	08.08.2018	2018
Blood donation Camp	Students Union	15.08.2019	2019
College Premises Cleaning Drive	NSS	30.09.2019	2019
Blood donation awareness Camp	Department of Physiology	14.11.2019	2019
Dengue Awareness Program	Health department, GoWB	03.12.2019	2019
Webinar on Stress Relief During Pandemic Times	Department of Physiology	21.08.2020	2020
Health Check up camp	Department of Physiology	06.01.2021	2021
Providing relief post Amphan	Students Union	28.06.2021	2021
Webinar on Immunophysiology of SARS- CoV 2 Infection: an overview	NSS and Department of physiology	24.07.2021	2021
Webinar on The Utility of Yoga In Everyday Life During Pandemic Times	Department of Physiology	13.09.2021	2021
Classes in JU Campus is regularly attended by the cadets	NCC	N.A.	2021
Officer in charge from the main unit visits our unit for special classes on Thursdays.	NCC	N.A	2021
Republic day celebration	NSS	26.01.2022	2022
Seminar on Mental Health Welfare of College Staff	NSS	28.07.2022	2022
Road Safety Awareness Rally	NSS	15.08.2022	2022
Independence Day celebrated in the college campus	NCC	15.08.2022	2022
Collaboration with Indian Institute of Celebral Palsy for Inclusivity	NSS	23.11.2022	2022

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Commanding Officer to our unit was welcomed. Briefing on Agniveer Project was done(Ministry of Defence)	NCC	30.11.2022	2022
Participation in March past on Annual Sports day	NCC	N.A	2022
Spreading Gender Awareness	NSS	15.03.2023	2023
Gender Sensitisation	NSS	27.03.2023	2023
World Yoga Day	NSS	21.06.2023	2023

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YEAR - 2018 -2019



FIGURE 1 - BLOOD DONATION CAMP, 08.08.2018

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YEAR 2019 -20



FIGURE 2 – BLOOD DONATION CAMP, 15.8.2019



FIGURE 3 – BLOOD DONATION AWARENESS CAMP, 14.11.2019

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FIGURE 4 – COLLEGE PREMISES CLEANING, SWAACH BHARAT ABHIYAN, 30.9.2019

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FIGURE 5 - DENGUE AWARENESS PROGRAM, 3.12.2019



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YEAR - 2020 -21

NSS UNIT
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IN ASSOCIATION WITH IQAC

PRESENTS THE FIRST LECTURE OF
THE WEBINAR SERIES : COVID 19 AND HEALTH
TOPIC:
**Covid -19 Induced Stress Among Senior Students :
Its Effect and Management**

Speaker: **DR. KALYAN K. MUKHERJEA,**
Professor of Chemistry and Professor-in-Charge
Psychological Counselling Unit, Aliah University.
(Formerly Professor, Dept. of Chemistry Jadavpur University)
Date: 21.08.2020 Time 2:30 p.m. – 4:00 p.m.

Register for free: <https://forms.gle/46wsVOy68SmvTrJ3a9>

Chief Patron: Dr. Shib Sankar Sana Principal, KBBNC.	NSS Programme Officer: Dr. Arpita Sengupta Sadhu Assistant Professor, Physiology.	Organisers: Mrs. Sutapa Mukhopadhyay Associate Professor, History Mr. Mahananda Roy, Assistant Professor, Chemistry
IQAC Coordinator Sri Rajesh Das Assistant Professor(Geo)	Moderator: Mrs. Piyalee Dash Sharma Assistant Professor, Political Science	

Technical support: Sri Wangchuk Dukpa (Asst. Prof. Political Sc.), Sri Mehboob Alam (Asst. Prof. History)



FIGURE 6 – HEALTH CHECK-UP CAMP, 06.01.2021

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FIGURE 7 - PROVIDING RELIEF POST AMPHAN, 28.6.2021

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In association with
The Department of Physiology,

Under the aegis of IQAC presents
The final lecture of the Webinar Series:

 **COVID 19 AND HEALTH**
Topic:
**Immunophysiology of SARS-CoV 2 Infection:
An overview**

Date: 24th July 2021, Time: 5:00PM-7:00PM

Speaker
Dr. Mahuya Sengupta
Associate Professor,
Dept. of Biotechnology
Assam University, Silchar



Webinar registration:
<https://forms.gle/DEfzCJr7MubEfXRE7>

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YEAR – 2021-22


NSS UNIT

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In association with

The Department of Physiology,
Under the aegis of IQAC presents,
The 2nd lecture of The Webinar Series:
COVID-19 AND HEALTH



Topic- **YOGA**
**THE INDIAN CULTURE AND
STRESS RELIEVER**
Date- 13th September, 5-7pm

 **Speaker- Dr. Malay Kumar Mukhopadhyay,**
W.B.E.S.,
Asst. Professor in Physical Education (specialization: Yoga),
Post Graduate Govt. Institute for Physical Education,
Banipur, North 24 Parganas, West Bengal, and
Officer on special duty, Education Directorate, Govt. of
West Bengal.

Webinar Registration: <https://forms.gle/e7ZPmqz96RoLpZAA>

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FIGURE 8 – REPUBLIC DAY CELEBRATION, 26.1.2022

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YEAR - 2022- 23

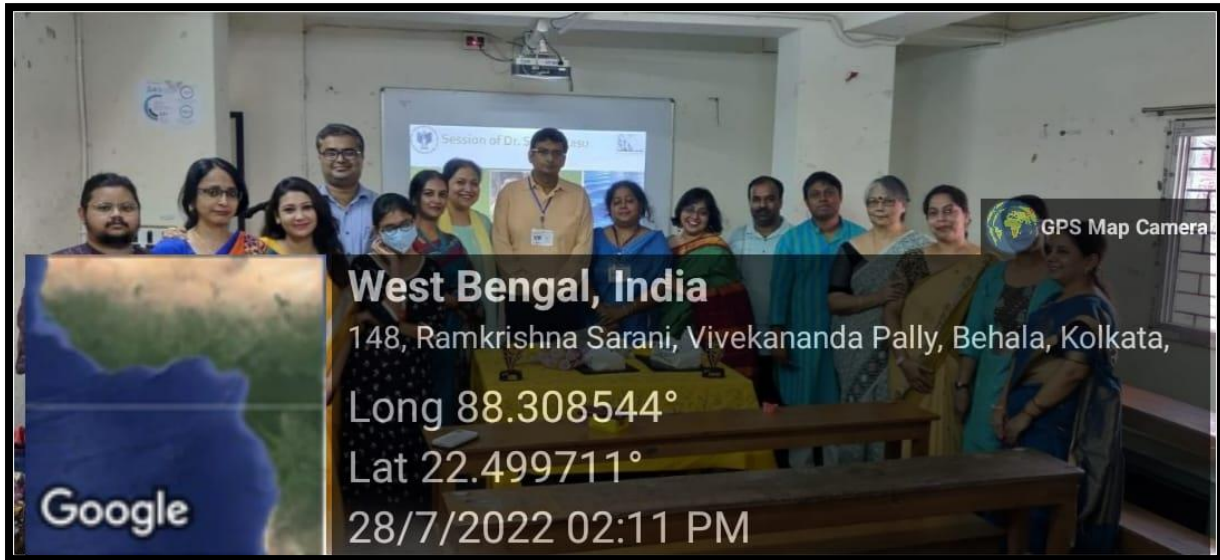


FIGURE 9 - MENTAL HEALTH WELFARE PROGRAM FOR COLLEGE STAFF, 28.7.22



FIGURE 10 - ROAD SAFETY AWARENESS RALLY, 15.08.2022

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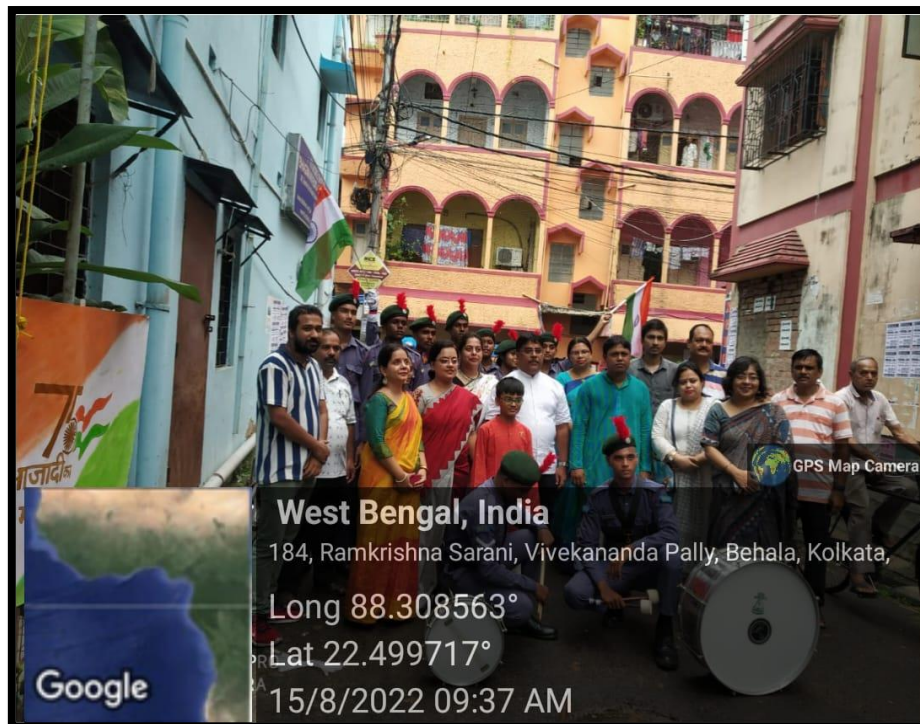
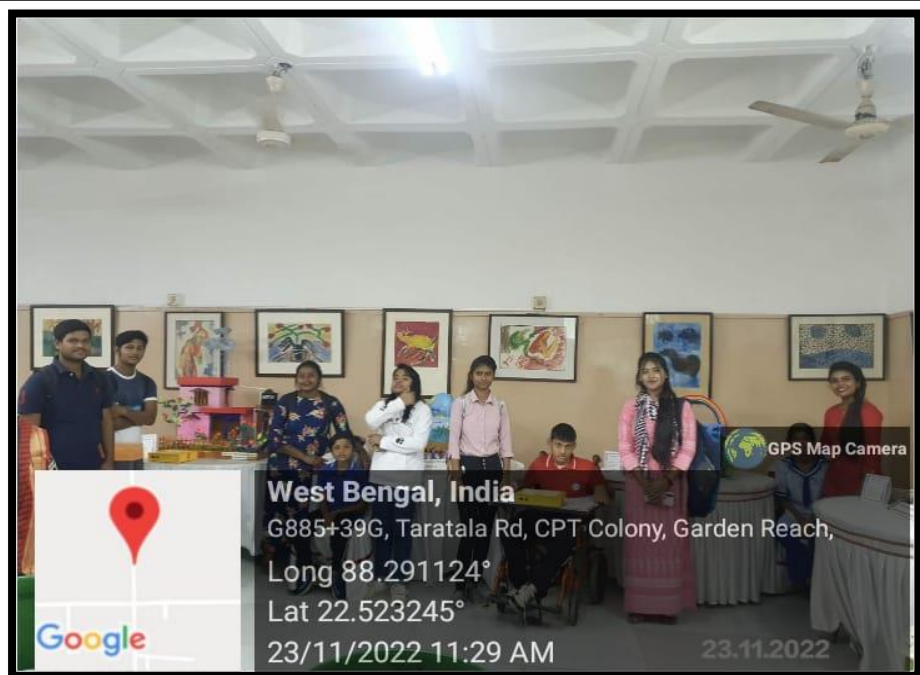


FIGURE 11 – INDEPENDENCE DAY CELEBRATION, 15.08.2022



**FIGURE 12 - COLLABORATION WITH INDIAN INSTITUTE OF
CELEBRAL PALSY, 23.11.2022**

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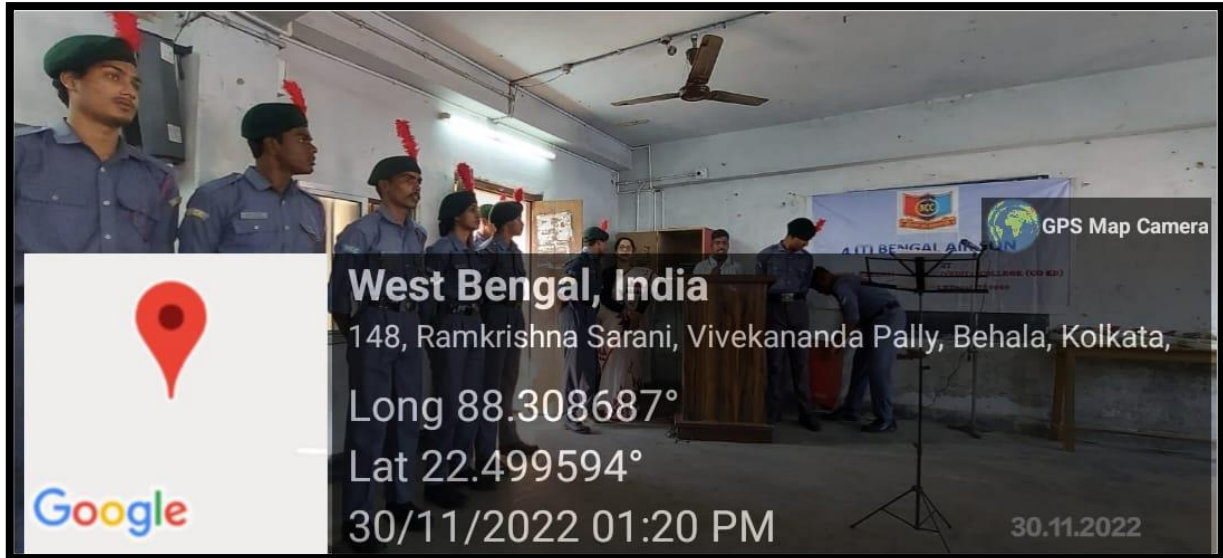


FIGURE 13 - PROGRAM ON AGNI - VEER PROJECT, 30.11.2022

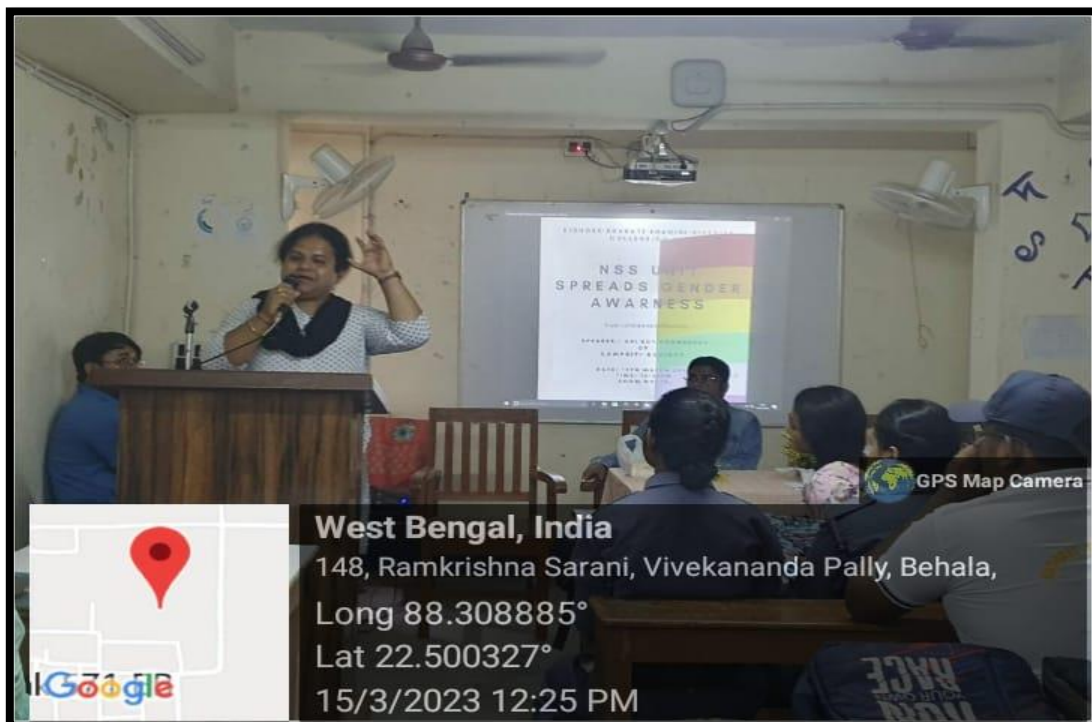


FIGURE 14- NSS UNIT SPREAD GENDER AWARENESS, 15.3.2023

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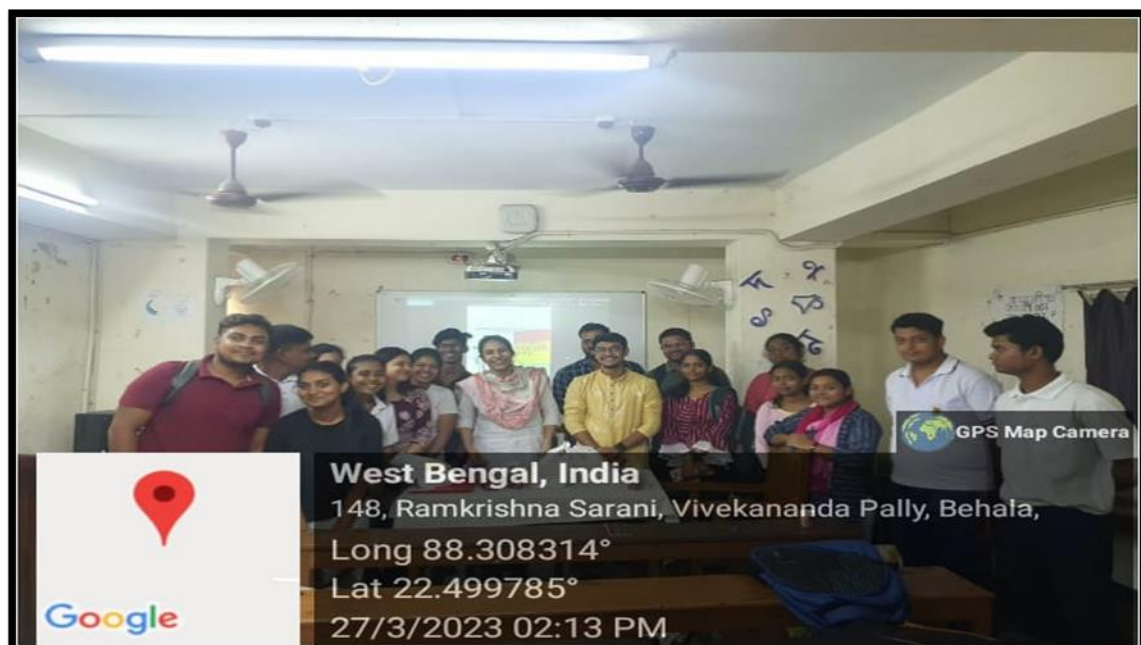
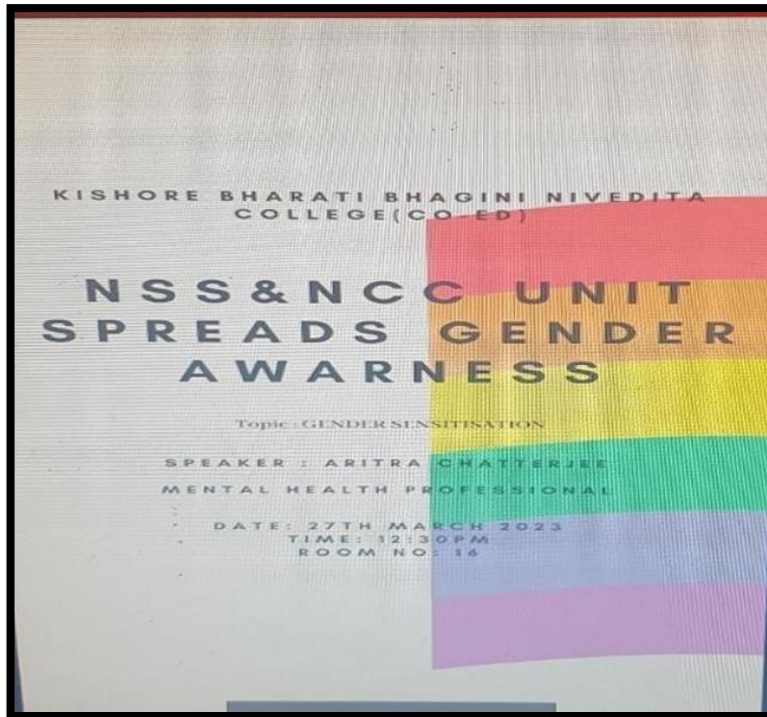


FIGURE 15 – GENDER SENSITIZATION, 27.3.2023

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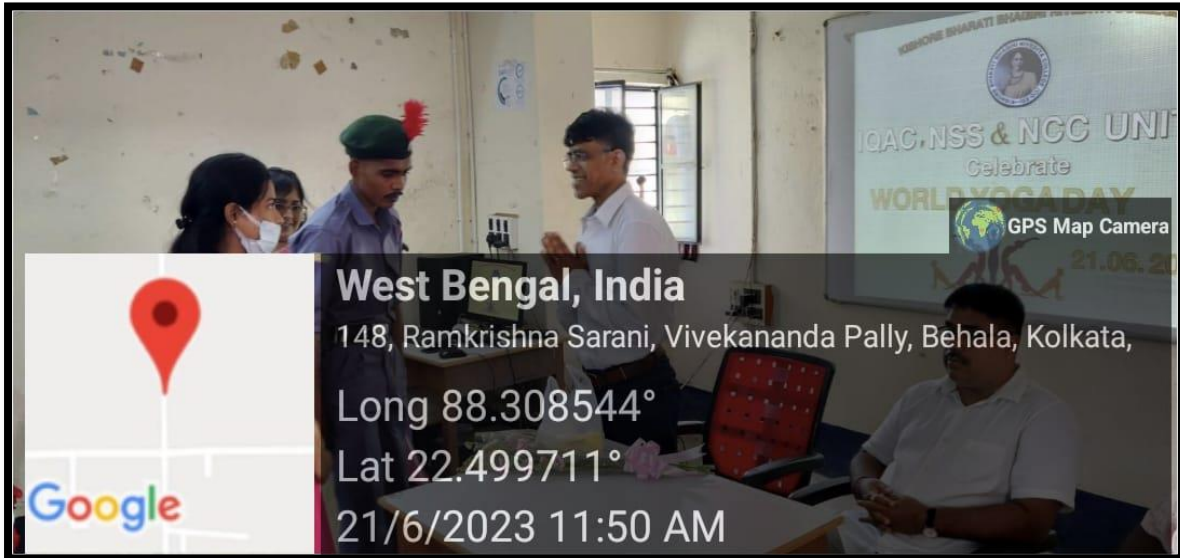


FIGURE 16 – WORLD YOGA DAY, 21.6.2023

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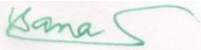
REPORT ON NATIONAL CADET CORPS (NCC), KBBNC

NCC play a credible and crucial role in shaping the character of our youth by instilling the values of patriotism, service, discipline, and hard work. One of the benefits of joining NCC include receiving basic military training. It develops the students' interest in three forces- Army, Air Force, Navy. It helps them gear towards joining the forces and providing their 100% when the country is in need of them. NCC cadets have reservation in many government jobs. There are several central and state government organizations who give special preference to NCC cadets.

Currently in our college NCC unit has vacancy of 50 cadets. NCC unit was opened in 2020 but our first-year batch started in 2021. Since 2021 our NCC cadets are regularly attending classes in JU campus. Officer-in-charge visits our unit for special classes mainly on Thursdays. Events like Independence Day & Republic Day are organized by our NCC cadets. On the annual sports day our NCC cadets participates in March Past also.

During the course, it helps to develop the quality character, courage, leadership, secular outlook and spirit of adventure. Our NCC cadets participated in numerous camps. Along with this, NCC unit organized some more extra-curriculum activities. All NCC cadets have participated in International Yoga Day celebration. Major practices of NCC are:

- 1) Tree plantation
- 2) Swatch Bharat Abhiyan
- 3) Maintaining orderlines


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REPORT ON NATIONAL SERVICE SCHEME (NSS), KBBNC

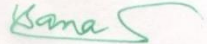
NSS is an Indian government sponsored unit under the ministry of Sports & Youth Affairs. It was launched in 1969 to build the character of students and younger generations via community services. NSS helps the students develop appreciation to other person's point of view and also show consideration to other living beings. 24th September is celebrated every year as NSS Day and the symbol for the NSS has been based on the giant Rath Wheel of the world famous Konark Sun Temple situated in Orissa, India. The motto of NSS 'Not Me But You', reflects the essence of democratic living and upholds the need for self-less service.

NSS helps in overall nurturing of an individual's personality and makes them more skillful. It also enables an individual to acclimatize to situations involving people from different works of life. It also gives them opportunity to explore as well as participate in various Nation building activities.

The NSS unit of our college conducts regular and special camps, awareness classes, personality development programs, demonstrations etc. for the volunteers. In the process an individual learns how to respond and act in case of natural calamities in order to help common mass. They also learn to provide first aid to the victims of natural disasters like floods, landslides, earthquakes etc.

Number of extension and outreach programs conducted by our college (including the programmes such as swachh Bharat, AIDS awareness, gender issues etc. and/ or those organized in collaboration with industry community and NGOs):

- 1). Blood donation camp -organized by NSS and Students Union in the year of 2018. Blood donated by students 40 (Participated and present were 100)
- 2) Blood donation camp -organized by Students Union in the year of 2019. Blood donated by 36 students (Participated and present were 102);
- 3) Blood donation awareness camp- organized by Department of Physiology in the year 2019 (76 students participated);
- 4) College Premises cleaning camp -organized by our NSS unit in the year of 2019 (123 students were present);
- 5) Dengue awareness program -organized by Health department, GoWB in the year of 2019 (57 students participated);
- 6) "Road Safely Awareness Rally" -organized by our college NSS unit in the year of 2019 (45 students participated);
- 7) Health Checkup Camp -organized by Department of Physiology along with NSS unit of our college in the year of 2020 where 35 staffs, 50 students and 40 local senior citizens participated;
- 8) Webinar on "Stress Relief During Pandemic Times" - organized by Department of Physiology in the year of 2020 where 77 attendees were there;


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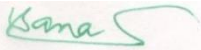
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- 9) Webinar on “The Utility of Yoga in Everyday Life During Pandemic Times “-organized by Department of Physiology along with NSS unit of our college in the year of 2021 (156 attendees);
- 10) Talk on Yoga and its practices- organized by NSS unit of our college in the year of 2021(58 students participated);
- 11) Seminar on ‘Mental Health Welfare of college staff-organized by NSS unit of our college in the year of 2022 (32 staff participated);
- 12) Collaboration with Indian Institute of Cerebral Palsy for Inclusivity-organized by NSS unit of our college in the year of 2022(NSS staff members and 30 students participated).

The Main objectives of the National Service Scheme are: 1) To practice national integration and social harmony;

- 2) To identify the needs and problems of the community and involve them in the problem-solving process;
- 3) To understand themselves in relation to their community;
- 4) To develop among themselves a sense of social and civic responsibility;
- 5) To utilize their knowledge in finding practical solutions to individual and community problems; 6) To acquire lead


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